

C59

Protein restriction *in utero* programmes renal calcium handling and bone morphology in the rat

N. Ashton¹ and A.J. Freemont²

¹*School of Biological Sciences, University of Manchester, Manchester, M13 9PT, UK* and ²*Academic Unit of Laboratory Medicine, University of Manchester, Manchester, M13 9PT, UK*

Exposure to a maternal low protein diet *in utero* programmes the rat foetus to develop hypertension (Langley & Jackson, 1994) and impaired renal function (Sahajpal & Ashton, 2003). Studies on senescent rats also revealed a long term reduction in bone area and bone mineral content, with a widening of the epiphyseal growth plate (Mehta *et al.*, 2002), suggesting that skeletal growth may also be programmed *in utero*. The aim of this study was to determine the effects of a maternal low protein diet on renal calcium handling and bone morphology in young rats. Pregnant Wistar rats were fed isocaloric diets containing either 18% (normal, NP) or 9% (low, LP) protein from conception (Sahajpal & Ashton, 2003). After birth, all dams switched back to standard rat chow. Male offspring (NP *n* = 5-6 from *n* = 5 litters, LP *n* = 5-7 from *n* = 5 litters) were studied at 4 weeks of age. Renal clearance of ³H inulin and calcium was measured under Intraval anaesthesia (thiopentone sodium, 110 mg kg⁻¹, i.p.) in rats receiving euvoalaemic fluid replacement of spontaneous urine output (Ahmed *et al.*, 2003). Animals were humanely killed at the end of the experiment. Femurs were decalcified for histomorphometric assessments of matrix. Statistical comparisons were by unpaired *t*-test. Mean arterial blood

pressure was higher (NP, *n* = 6, 82 ± 6 vs LP, *n* = 7, 111 ± 5 mmHg, *P* < 0.01) and body weight was lower (NP 114.5 ± 3.6 vs LP 90.7 ± 5.2 g, *P* < 0.01) in LP rats. Glomerular filtration rate (GFR) was lower, but calcium clearance (C_{Ca}) and both total (U_{Ca} V) and fractional excretion (FE_{Ca}) of calcium were higher in LP rats (Table 1).

	NP (<i>n</i> = 6)	LP (<i>n</i> = 7)
GFR (ml min ⁻¹ 100g bwt ⁻¹)	1.3 ± 0.1	0.9 ± 0.1***
C _{Ca} (μl min ⁻¹ 100g bwt ⁻¹)	3.8 ± 0.8	12.7 ± 2.1***
U _{Ca} V (μmol min ⁻¹ 100g bwt ⁻¹)	0.01 ± 0.002	0.03 ± 0.005**
FE _{Ca} (%)	0.3 ± 0.06	1.49 ± 0.25***

This was associated with significantly lower total plasma calcium concentration (NP, *n* = 6, 2.87 ± 0.21 vs LP, *n* = 7, 2.09 ± 0.1 mmol l⁻¹ *P* < 0.01). Table 1. Glomerular filtration rate and renal handling of calcium by 4 week old NP and LP rats. ** *P* < 0.01, *** *P* < 0.001 Trabecular bone mass in the lower femur was lower in LP rats (NP, *n* = 15, 21.6 ± 4.3 vs LP, *n* = 15, 9.3 ± 2.1 %, *P* < 0.01). The area of new bone formation at the underside of the growth plate was greater in LP compared with control rats (NP, *n* = 15, 43.0 ± 4.5 vs LP, *n* = 15, 59.9 ± 4.6 %, *P* < 0.05). These data show that renal calcium handling is programmed *in utero* which may impact upon bone formation.

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Mehta, G., *et al.* (2002). *Calcif Tissue Int* **71**, 493-498.
Sahajpal, V. & Ashton, N. (2003). *Clin Sci* **104**, 607-614.
Where applicable, the experiments described here conform with Physiological Society ethical requirements.