



Physiology is the science of life. Physiologists work in an exciting branch of biology to understand how living things work. You can study physiology by itself or as part of another bioscience degree at University.



Yousef Alqurashi

Respiratory Therapist and PhD student, Imperial College London

“Physiology is vital to improving people’s health. My research involves monitoring physiological changes overnight to improve the lives of people with sleep apnoea, which is when your breathing stops and starts while you sleep. ”



Kimberley Murray

Great Britain skeleton athlete, Former Exercise Physiologist at Sport Scotland Institute of Sport

“Before becoming a full-time athlete, I worked as an Exercise Physiologist. That involved working with physios, strength and conditioning coaches, and nutritionists to help athletes improve their performance. Now I’m the athlete that needs physiology support! ”



Zahra Alhumaidi

Biomedical Science student, University of Salford

“Physiology is exciting because it is at the cutting edge of future medicine. Understanding physiological principles is fundamental to the diagnosis and treatment of illnesses. ”

These are just some of the exciting physiology career options open to you!

Find out more: www.physoc.org/careers

